



I always find it encouraging when our residents see a need in the community and take it upon themselves to create a solution. Several years ago, a motivated Glendale family was frustrated with the lack of opportunities and responsibilities that existed for their daughter with Down Syndrome. As a result, Glendale resident Mimi Rogers worked tirelessly to create an organization that would provide opportunities for individuals with developmental disabilities to achieve independence and be active members of their communities.

One Step Beyond, Inc. is a program that was created in 2003 for young adults with cognitive disabilities. Through the program, individuals with special needs are provided the opportunity to learn daily homemaking, vocational, behavioral and educational skills that will allow them to take their place in society and lead meaningful, responsible lives.

One vocational program that exists through the program is One Step Beyond Catering. The program participants are able to work under the guidance of skilled culinary professionals to cook, deliver and serve extraordinary food for one to one hundred people. The One Step Beyond caterers provide deli-style catering, box lunches, corporate catering and event services. They even offer convenient and affordable take-home meals that busy families can simply heat and serve.

One Step Beyond Catering not only provides a valuable service, but it also gives its employees the opportunity to develop responsibility, skills and social relationships that may be difficult for them to find elsewhere. You can contact One Step Beyond Catering by calling (602) 319-4333. For more information about other One Step Beyond programs call (623) 215-2449.

I encourage all of you to consider One Step Beyond Catering for any upcoming events. I have used them in the past and can provide a first-hand account that they were professional and efficient, and the food was delicious.

Thank you taking the time to read my "Glendale Bulletins". Please contact me at (623) 930-2260 or mayorscruggs@glendaleaz.com, if you have any comments or questions. I strive to provide the most timely information and best possible service to you, the citizens of Glendale. I sincerely appreciate your feedback.