

## ***Integrative Healing Day***

***WHEREAS***, natural, complementary and alternative medicine (CAM) has been in existence for centuries; and

***WHEREAS***, CAM represents a variety of modalities including mind-body medicine and biologically-based practices, homeopathic, naturopathic and traditional Chinese Medicine, Ayurveda, chiropractic, osteopathic manipulation and massage, and energy medicine; and

***WHEREAS***, across the country there are 100,000 massage therapists, 15,000 licensed acupuncturists, 5,000 naturopaths and thousands of other practitioners who use one or more of the CAM modalities in a practice setting; and

***WHEREAS***, CAM has become one of the major most popular movements of the 21<sup>st</sup> Century with 36% of adults using some CAM modality rising to 62% when megavitamin therapy and prayer are used for health reasons; and

***WHEREAS***, medical and CAM practitioners, administrators, academicians, acknowledge the importance of integrating CAM modalities with mainstream medical practice and research.

***Now Therefore, I***, Elaine M. Scruggs, Mayor of the city of Glendale, Arizona, on behalf of the City Council do hereby proclaim November 4, 2005, as

### ***A DAY TO CELEBRATE INTEGRATIVE HEALING***

*and call upon the citizens of Glendale to join me in celebrating those who have benefited from CAM and integrative medicine and those who provide these essential healthcare services.*

*In Witness Thereof, I have hereunto set my hand this 4<sup>th</sup> day of November 2005*