

SUICIDAL IDEATION

<p>Area Agency on Aging Eldervention</p> <p>Main Phone: 602-264-4357 http://www.aaaphx.org</p> <p>Provides suicide prevention and education about mental health issues for adults age 55 years and older.</p>	<p>Clear Choices</p> <p>Main Phone: 602-652-0163 http://www.notmykid.org</p> <p>Programs for teens facilitated by teens who have survived addictions, depression, and other behavioral problems.</p>
<p>Granite Reef Senior Center Peer Counseling</p> <p>Main Phone: 480-312-1700 http://www.scottsdaleaz.gov/seniors</p> <p>Provides one-on-one counseling by a trained senior for seniors suffering with depression or contemplating suicide.</p>	<p>National Hopeline Network</p> <p>Main Phone: 1-800-784-2433 http://www.hopeline.com</p> <p>Provides a national 24-hour hotline which will connect callers to the nearest available suicide prevention and mental health service provider.</p>
<p>National Suicide Prevention Lifeline Main Phone: 800-273-TALK (8255) Spanish: 866-628-9454</p> <p>Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem. Also makes referrals to appropriate services for ongoing care, if needed.</p>	<p>OPTIONS (Offering Parents and Teens Information on Needless Suicide)</p> <p>Main Phone: 480-994-4407 http://www.mhaarizona.org</p> <p>Offers presentations to adolescents 12 and older, college students, parents, administrators and professionals who work with adolescents about the signs and symptoms of depression in teens. Provides education, information and treatment assistance to students in need.</p>

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<p>Survivors of Suicide EMPACT Suicide Prevention Center</p> <p style="text-align: right;">480-784-1514 ext: 1108</p> <p>1232 E. Broadway Road, Suite 120 Tempe, AZ 85282 Contact Person: BeAnne Lane, MA, www.empact-spc.com</p> <p>Meeting Place: Glendale Family Development Center 7800 N. 59th Avenue, Glendale Meetings per Month: Two - Second and Fourth Tuesday each month 7:30 - 9:30 p.m. Fee: No</p> <p>Please call for specific times and dates. Meetings held in various locations around the Phoenix metro area. Donations are appreciated. One-on-one support and grief counseling services are also available.</p>	<p>SAMHC Crisis and Suicide Prevention Telephone Service</p> <p>Main Phone: 520-622-6000</p> <p>http://www.samhc.com</p> <p>Provides crisis intervention, suicide prevention and intervention, mental health screening and triage, and referral and linkage to other services. Also provides consultation for family members, significant others, caregivers, and community providers.</p>
<p>Teen Lifeline, Inc 602-248-8336</p> <p>Toll Free: 800-248-TEEN (8336) www.teenlifeline.org</p> <p>Provides peer counseling and 24-hour confidential phone intervention for teens. 24- hours crisis/suicide prevention; Daily 3pm- 9pm peer counseling; after hours calls answered by adult hotline counselors</p>	<p>Veterans Hotline 1-800-273-TALK (8255)</p> <p>http://www.suicidepreventionlifeline.org</p> <p>Connects veterans to the nearest available crisis call center in the network. Veteran callers in emotional crisis speak to trained VA hotline counselors who help them locate the best service and facility for their needs. All calls are anonymous.</p>

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The Trevor Project

Main Phone: 866-488-7386

<http://www.thetrevorproject.org>

Provides a confidential suicide prevention hotline for gay and questioning youth. Also provides Dear Trevor, a non-time sensitive email resource for young people with questions surrounding sexual orientation and identity. Website provides links to other resources.